

THE VOLUNTEER

A NEWSLETTER FOR RCRV MEMBERS

January 2005
Volume 5, Issue 1

Rockwell Collins Retiree Volunteers

If you can dream it,
we can do it.

Mission

Rockwell Collins retirees connecting to identify and support volunteer needs in our community and beyond, while enriching the lives of the volunteers.

Officers

Charles Wehage – Chairman
Jim Green – Vice Chairman
Don Grimm – Secretary
Arlo Meyer - Treasurer

Committee Chairs

John McDonough –
Community Projects Team
Pete Jurgens – Recruiting/
Retention/Recognition
Rod Thorpe – Communications
Sara Case – Agency Liaison
Jim Klein – Data Base

Web Site

www.collinsclubs.com/rcrv
e-mail:
rcrv@collinsclubs.com

RCRV
927 N. Compton Drive
Hiawatha, Iowa 52233
319-393-9637 (voice mail)



RCRV Meetings

Community Projects Team

The Community Projects Team meets every Thursday at 10:00 in our office in the REACT Center where we discuss future and current projects. Service agency representatives submit new project requests on the 2nd and 4th Thursdays of the month. You are always welcome at any of the meetings.

New Retirees Orientation

Informational meetings for new retirees or others interested in becoming active members of RCRV are held at 10 AM on the third Wednesday of each month at the REACT Center (927 N. Compton Dr. in Hiawatha). Those of you interested in learning more about RCRV and the many volunteer opportunities we offer are encouraged to attend. ♦

Kirkwood Disabilities Service Class

Wayne Clayton, an RCRV board member from Options of Linn County and Judy Monk also of that agency made a presentation on October 19 about assistive devices to Professor Susan Simon's Introduction to Disability Services Class at Kirkwood Community College. Several RCRV innovations were used in the class and the students were able learn how they are used and adapted for specific needs. ♦

Retired Senior Volunteer Program - RSVP

RSVP is a group of adults age 55 and over using their life experience and skills to help our Linn County Community. RCRV and RSVP are very closely affiliated and all active members of RCRV are also members of RSVP which provides liability insurance coverage and other benefits to our group.

RSVP acts as a volunteer recruiting and clearing house, matching the skills of the volunteers with the needs of the over sixty agencies they serve. Over 500 volunteers are currently on the rolls of RSVP and many more are needed to fulfill the needs of the agencies they serve.

Sarah Case is the Director of the program and also serves on the board of RCRV. John Wauer and Rod Thorpe from RCRV serve on the Advisory Council of RSVP. ♦



Kirkwood Disabilities Service Class views
RCRV assistive devices

SHIIP News - Medicare Changes for 2005

Medicare will begin covering cardiovascular screening blood tests for individuals at risk for cardiovascular disease, including tests for total cholesterol, high density lipoprotein and triglycerides. Individuals will be allowed to be screened every five years. There will be no deductible or co-payment.

The diabetes screening tests for Iowans at risk of developing diabetes will include a fasting blood glucose test and post-glucose test and post-glucose challenges. These screening tests will be allowed up to twice a year. No deductible or co-payment will be required.

All Iowans enrolling in Medicare Part B for the first time January 1, 2005 or later will be covered for an initial physical exam if completed within the first six months of their Medicare Part B coverage. Included will be measurement of height, weight, blood pressure, an EKG, education, counseling and referral for other screening and preventative services that Medicare already covers. Clinical lab testing is not included. Medicare Part B deductible and a 20% coinsurance must be paid. All privately purchased supplemental policies cover the coinsurance.

Medicare Part B deductible is increasing to \$110 per year and Part A deductible for the first 60 days in a hospital will be \$912. Co-payment for days 61-90 will be \$228 per day and days 91 through 150 will be \$456 per day. Medicare approved skilled nursing facility care will require a daily co-payment of \$114 for days 21 through 100 of a stay.

Medicare premiums also go up for Part B to \$78.20. However, the increase can't exceed the adjustment in an individual's Social Security check.

If you have any questions about this or other insurance matters call the RCRV office at 393-9637 and leave a message for one of our SHIIP counselors to call you back. As always SHIIP counseling is absolutely free and absolutely confidential. ♦

RCRV Annual Meeting

The annual meeting of RCRV was held at The American Red Cross Building on November 17, 2004. Lonnie Mathews, Community Employment Specialist for Options of Linn County was the keynote speaker. She spoke about the impact that Options of Linn County has on the handicapped citizens of our community and the important role RCRV has played in their success. The innovative and affordable assistive technology devices that RCRV has made available has increased the productivity and well being of their employees considerably.



Lonnie Mathews addressing the annual meeting of RCRV

The election of officers and board members for 2005 was held and Charles Wehage was elected Chairperson, Jim Green was elected Vice Chairperson, Don Grimm was elected Secretary and Arlo Meyer was elected Treasurer. New Board members elected for the

coming year from RCRV were Helen Pothoff, Kay Nelson, Judy Wirth and Faye Spading. New outside board members elected for the coming year were Myrna Lohrlein from Heart of Iowa, Mark Beason from New Horizons, Barb Klaweiter from REACT and Karl Cassell from Jane Boyd Community House. Pete Jurgens was elected as the new Recruitment / Retention Director and Sarah Case was elected the new Agency Liaison Director

John McDonough, Community Projects Team Leader gave an extensive report on the achievements of RCRV in 2004. Over 11,000 hours of volunteers services were performed in 2004 and some of the notable projects included extensive involvement in the Rockwell Collins K-12 program, design and build of several wheelchair ramps, completions of several projects for The Heart of Iowa Substance Abuse Council, cell phone renovation for emergency use by patrons of the Heritage Area Agency on Aging, design and build of trail counters for The Linn County Trail Association, continued design and build of assistive technology devices for Grant Wood AEA and Options of Linn County, residency



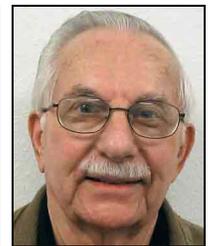
Chuck Wehage
Chairman



Jim Green
Vice Chairman



Don Grimm
Secretary



Arlo Meyer
Treasurer

advocate and financial management assistance for the elderly and many more.

Mike Wilson, 2004 Chairperson and the other outgoing officers and directors were applauded for their outstanding service to RCRV. ♦

RCRV Logo Shirts

RCRV now has shirts available for sale with our organizational Logo displayed on the front. Light blue or dark blue long or short sleeved denim and black or white short sleeved golf shirts are available in sizes small through 2X. Prices for the denim range from \$20.50 to \$23.50 and for the golf shirts \$23.00 to \$25.00. Orders may be placed with Arlo Meyer at 393-7461. ♦



Shirts with the RCRV Logo

Volunteer Opportunities

If you are looking for a way to enrich your life in the New Year consider volunteering for one of the following:

Grant Wood Elementary

The Grant Wood Elementary School at 645 26th Street S.E. is looking for volunteers to assist third grade teachers with small groups of students from 3 to 3:30 any day of the week. This will involve guiding students through short activities to stimulate their minds at the end of a long day.

Volunteers are also needed to assist 1st, 2nd or 3rd grade students with reading and/or math skills. Hours and times are flexible.

If you are interested in either of these rewarding volunteer opportunities call Marianne at the school's volunteer office at 558-3905.

Meals on Wheels

Meals on Wheels helps seniors maintain self-sufficiency and live independently in their own homes by providing nutritious home delivered meals and safety checks. Volunteer drivers are scheduled weekly, monthly or weekends only. The choice is yours.

To sign up or to get further information call the RSVP office at 369-8774.

The Heritage Agency on Aging

The Heritage Agency on Aging Elder Abuse Initiative is looking for volunteer accountants to assist in the investigation of cases of suspected financial exploitation of dependent adults. Volunteers should have the ability to trace the flow of funds through bank and other accounts and may work with law enforcement and Department of Human Services as well as the Elder Abuse Initiative. For further information call Linda Dearing at 398-5559 or e-mail at Linda.Dearing@kirkwood.edu.

Aging Services and TRIAD

Aging Services is a private, nonprofit agency dedicated to assisting older adults in our Linn County community. Emphasis is placed on supporting seniors that wish to continue living independently in their own homes for as long as it is safe to do so.

TRIAD is a coalition of law enforcement, community organizations and concerned citizens dedicated to increasing the safety of our older adult population.

The two groups together sponsor the Home Safety Inspection Program.

The home safety inspections are conducted by trained community volunteers who assess the client's home for fall, fire and personal safety risks. The home safety checks are available free of charge to any resident of Linn County age sixty or older. If the volunteer discovers a safety issue, Aging Services staff will work with the client to address the concerns.

Several RCRV members currently volunteer for this effort but more are needed. If you wish to volunteer or if you know an older adult who may need the service contact Aging Services at 398-3644. ♦

CRCC - Collins Retirees Construction Corps

CRCC was formed in the middle of 2004 as a subsidiary of RCRV to undertake major construction projects. Several projects were completed in 2004 including wheelchair ramp design and construction, cabinet installation, interior renovation and many others.

If you are interested in joining this group for their one-day-a month endeavors contact Chuck Wehage at 319-378-4104 or wehage.chuck@mcleodusa.com. ♦



CRCC volunteers construct a wheelchair ramp in SW Cedar Rapids

Trivia Quiz

1. In FY 1965 the total sales of Collins Radio was \$282M. What percentage of the total was to the U.S. Government?
2. In Fy 1971 the total sales of Collins Radio was \$288M. What was the total compensation paid to CEO Arthur Collins that year?
3. What is the mean radius of the earth?
4. The Collins V-Bar Flight Director System was designed in the early 1960's. What was the first major airline to adopt it for use on their aircraft?

Answers to October Quiz

1. Verdin was a VLF Submarine Communication System developed by the Newport Beach Division in the 1960's. The entire USN submarine fleet was equipped with the receivers as well as several foreign fleets
2. The FCS-110 was certified on the Lockheed L-1011 on April 27, 1971
3. Electronic Data Systems, under the leadership of H. Ross Perot made a preliminary tender offer for Collins Radio in 1969. It was never formalized due to lack of support by Collins management and institutional investors.
4. Arnold Palmer's dog is named Mulligan. ♦

Collins Retirees Potluck Meetings

The Collins Retirees Potluck group meetings are held the third Tuesday of the month at the United Methodist Church located at 302 33rd St. N.E. at noon for a potluck lunch and program. Upcoming programs are:

- January - Bingo
- February- McKinley School Music Group
- March - Bingo

April - McKinley Music Group
 May - Insurance Presentation. ♦

Member Profile

Judy Wirth

Judy Wirth is one of the many active RCRV members involved in volunteer activities in our community. She was recently elected to the RCRV Board of Directors and is the coordinator of the group that prepares **The Volunteer** newsletter for distribution and mailing.



Judy Wirth

Judy was born and raised in Cedar Rapids and is a graduate of Washington High School. She joined Rockwell Collins shortly after graduation and spent thirty-six years as an assembly operator retiring in June, 2003. She spent the last fourteen years of her career in the Air Transport Division Mod Center and was also a member of the safety team for assembly and test operations in Building 108. She and several other former associates keep up their acquaintanceship by meeting once a month for breakfast.

Besides her many volunteer activities Judy also finds time for some interesting hobbies. She is actively involved as an expert confectioner, baking and decorating cakes for different types of occasions for friends and relatives. Her hobby of crocheting has led to a project of providing crocheted blankets for children at the Heart of Iowa Area Substance Abuse Center. As a very active Hawkeye Sports fan, Judy has a large collection of Hawkeye memorabilia and on game

days you will find a large neon Hawkeye sign lit up in her front window. Herky the Hawk even attended her retirement party as a tribute to her team loyalty

Judy and her husband Merrill reside in Cedar Rapids where he is the owner and operator of the Wirth More Siding Company. Their daughter and son-in-law Bill and Michelle Black also live in Cedar Rapids and they have two sons. Judy is very involved with the activities of these two grandsons and other members of her family. ♦

Citizens for People with Disabilities Award

RCRV was presented with the Outstanding Service Award by the Citizens for People with Disabilities on October 20, 2004. Chuck Wehage accepted the award on behalf of RCRV from Michelle McMurray, Publicity and Awards Subcommittee Chair. The award was presented as recognition of the efforts of RCRV to assist people with disabilities by designing and producing assistive technology devices at little or no cost to the end user. ♦



Outstanding Service Award from Citizens for People with Disabilities

