

RCRV Board of Directors Meeting

March 17, 2010

These minutes were approved at the April 21, 2010 Board Meeting.

1:30 Red Cross Building

PRESENT

RCRV members: John McDonough, Bob Ocken, Arlo Meyer, Vern Jackson, Cliff Koop, Jim Klein, Chuck Wehage, Jim Spencer, Rod Thorpe, Don Grimm, Mike Wilson, Jim Green

Community Service Agency members: Carol Luth, Wayne Clayton, Teresa Robinson, Angie Ehle, Kathy Waychoff, Heidi Soethout, Linda Dearing, Barbara Hoffman

CALL TO ORDER

Board Chairman, Jim Green, determined that a quorum was present and called the meeting to order at 1:30 pm. 20 members were present.

MINUTE OF SILENCE

Jim Green called for a Minute of Silence in honor of the founder of RCRV, Jack Hotchkiss, who passed away Saturday, March 13, 2010.

PROGRAM

Teresa Robinson, RCRV board member and Volunteer Coordinator for Aging Services gave the board members a brief description of the many volunteer opportunities at Aging Services. Their goal is "Helping Seniors Stay Independent in Their Homes" and all the volunteer opportunities are centered around this mission statement. The three areas in which they are looking for volunteers currently are:

VOLUNTEER DRIVER

Give seniors a lift by driving to non-emergency medical appointments. With the limitations of public transportation and the limited availability of family and friends, you can provide this critical service to ensure seniors receive the medical care they need. Drive your own vehicle. We will reimburse you for mileage.

CHORE VOLUNTEER

Many seniors are no longer able to take care of the Do-It-Yourself tasks they once did and limited incomes prevent them from hiring contractors. You can help. Wheelchair ramp construction (as part of a team), drippy faucets, grab bar/handrail installations, light bulb replacements, gutter cleaning -some of the ways you can prove *handy* to a senior in need.

HOME SAFETY CHECK VOLUNTEER

The homes of seniors are full of potential safety hazards. As a Home Safety Check Volunteer, you can help eliminate many of those hazards. By completing a simple safety checklist and providing a quick summary of your findings, you may just be saving a life. If you wish, you may also make minor repairs or adjustments to address some of the concerns and then simply turn in your checklist to Aging Services for all remaining follow-up.

For more information about any of these volunteer opportunities or to request an application,

Call: Teresa Robinson, Program Director @ 319-398-3644 x317 or

E-mail: trobinson@abbe.org

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MINUTES

John McDonough moved to accept the February 17, 2010 RCRV board minutes as posted on the RCRV website. Chuck Wehage seconded. Motion: carried

OLD BUSINESS

Strategic Planning for 2010

The ideas for goals, recruitment and services were reviewed from the previous meeting.

Ideas presented:

- Personal contact is the most important.
 - **Action:** Jim Klein will post on the RCRV website all those who retired in 2009
 - **Action:** RCRV members will review the list and personally invite them to a Project meeting or a work project or at least talk to them about membership in RCRV.
- Update the website
 - **Action:** Contact John Wauer about ideas on adding pictures.
- A possible goal: Using the \$19.25 value of one volunteer hour, set the community impact for \$1,000,000.
- Perhaps design a flyer to place in the RC Rec Center
 - **Action:** the executive board will meet to further discuss these presented ideas.

NEW BUSINESS

Steering Committee for the RCRV Charitable Grant program

- Carol Luth, Linda Dearing and Bob Ocken have agreed to be on the steering committee
- Please contact Jim if you have interest to be on this committee.
- The Executive board will meet Monday March 22 and decide upon the theme of this year's grants.

PARTNER AGENCY REPORTS

1. **Linda Dearing- Heritage Agency on Aging**

Four upcoming events sponsored by Heritage are:

- Complete Count for Census- April 1st
 - Ten Reasons why you should fill in your census
 - Representatives from 10 different groups
 - Population determines brackets for funding- last time in Linn County there was a return rate of 78%.
- Elder Abuse Conference- April 30 at KTOS in Marion 8:15-4:30
- Matter of Balance- April 30- Problems of falling for seniors.
- Hunger Among the Elderly-A Nutrition Forum May 21- Location: Learning Center at Kirkwood. The focus is on seniors not getting enough food.

2. **Carol Luth- Vision in Motion, Spanda, Inc.**

A talent-fest "SHOW YOU CARE" will be held August 8th to raise money for Spanda Inc.'s global and local projects at Theatre Cedar Rapids. All those with a talent from the age of 12-92 can audition They are looking for judges.

Audition opportunities are at Westdale Mall 10am-3 pm Eight dates are scheduled. Contact Carol, if you interested in judging or auditioning, for more information.

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3. Wayne Clayton- Options of Linn County

Options has one switch being repaired. They are also continuing with student/agency tours of their facility.

4. Angie Ehle- WRAP

- Ramp season will soon be gearing up for builds
- Mission of Hope ramp is an Eagle Scout project however, if that doesn't happen, then individuals that build for WRAP will look at the project.

5. Kathy Waychoff- College Community School District

- April is STEM days at the high-school
 - She is looking for a speaker
 - And for projects to do during this time
 - Rockwell Collins "The Road Show" was suggested to her.
- Nine girls and a science teacher are going to Key Largo over spring break

6. Teresa Robinson- Aging Services

In addition to the volunteer opportunities that were presented, Teresa stated that Aging Services is open to developing new services to meet the needs of seniors.

7. Heidi Soethout- Sixth Judicial District

Heidi had no report today.

8. Barbara Hoffman- RSVP

- There was no news about the new sponsor though she reviewed the transition process
- Process of attaining a new sponsor through the Corporation of National and Community Service, RSVP's federal funder
- A list of possible sponsors sent to the state CNCS office
 - A Notification of Funding Availability letter will be sent to these potential sponsors with a meeting date for applicants to find out about process and answer questions
 - Six to eight weeks later- application deadline
 - Applications reviewed, letters written and applicants notified
 - Timetable: July to September

ROCKWELL COLLINS REPORT- CINDY DIETZ

Cindy was not able to attend the meeting

RRCRV COMMITTEE CHAIR REPORTS

Community Projects- John McDonough

Sue Driscoll, Volunteer Program Manager, United Way of East Central Iowa

We are looking for volunteers with construction skills to help with prep work on eight flood affected homes the Linn Area Long Term Recovery Coalition are rebuilding. 100 volunteers are coming from all over the United States to Cedar Rapids during April-May to finish the homes. We have an immediate

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need for framing skills and finish carpentry skills. The Volunteer Center takes volunteers Monday-Saturday 8:00-4:30.

Long Term Recovery Coalition (LALTRC) and Block by Block are in need of skilled volunteers to work on framing and carpentry projects.

March-April
Monday-Saturday, 8:00-4:30

To register as an individual or group call the
Volunteer Center
(319) 540-4810

Lisa Howards request of drivers for Meals on Wheels.

Horizons' Meals on Wheels Seeks Volunteers

Cedar Rapids – Horizons' Meals on Wheels is encouraging volunteerism in March for the annual March for Meals campaign. Thanks to the support of dedicated volunteers and staff, Horizons' Meals on Wheels works 7 days a week delivering more than 300,000 meals annually to homebound seniors and disabled individuals in Cedar Rapids and surrounding areas. March for Meals celebrates the volunteer spirit of Meals on Wheels and promotes recruiting new volunteers to the team.

"The need is great with 1 in 9 seniors in the United States at risk for experiencing hunger and malnourishment." said Dianna Young, Director of Horizons' Meals on Wheels. "Meals on Wheels relies on more than 250 volunteers and a handful of dedicated staff to ensure that our local seniors do not fall through the cracks into hunger."

To make a donation of time or funds to the effort or to sign up for meals delivery contact Meals on Wheels at 319-398-3574 or visit www.horizonsfamily.org.

About Horizons –

Horizons, with its headquarters at 819 5th Street SE in Cedar Rapids provides a variety of human services across Eastern Iowa including Meals on Wheels meals for senior and disabled individuals, Consumer Credit Counseling Service, iCan Children & Family Counseling, and Mental Health Counseling. The Agency employs over 160 staff in more than a dozen locations across East-Central Iowa. All Horizons programs can be reached by calling 319-398-3943. www.horizonsfamily.org.

Jason Sytsma, Representative of EISEF

Jason spoke to our group about the need for judges for the Eastern Iowa Science and Engineering Fair which will be held on Saturday, 3/20/10 from 8:00 AM till Noon at Lindale mall in CR. This is for middle school and high school students from all over Eastern Iowa for their science projects. They projects will be at Lindale Mall for the public to admire and for you, the judges, to evaluate. You will be provided guidelines on how to evaluate the students and their projects (up to 4 projects) . You will then speak with the students and judge the quality of their project. After the interview, you will record you score for the project and write constructive comments for the students. If you are interested in science and like talking to teenagers, you' re right for this job. Please contact Jason, Bill Gober, or Burton Loupee at contact information on <http://www.eisef.org/judging.htm>. Again, they are in need of many more judges.

Karla Terry had a request for mentoring for the Linn-Mar Robotics team.

Angela Wright requested help unloading 3,300 cases of Girl Scout Cookies

Arlo Meyer continues his efforts in planning the next Honor Flight to Washington DC. He indicated that they could probably fill a 747.

The newsletter was mailed out this past period.

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10 ramps are in queue when the weather gets better for design and build. We still need designers.

We continue to support the Salvation Army, HACAP and the VA Food Banks, the REACT Center, Aging Services, the Community Free Clinic, SCORE, EIOLC, SHIIP, Meth-Wick computer classes, Pierce and Wright Kindergarten Science classes, St Lukes Volunteer Department, the 4 Oaks Bridge Program and the VA by driving Vets to/from the clinic to CR.

Elder Abuse Conference is on April 30, from 8 'til 4:30 at the KTOS facility in Marion. Free to attendees unless they want CEU Credits.

Chuck Wehage flew two patients from the Mayo Clinic to Bismarck ND.

Two ladder golf games have been completed for Ann Griffin of GWAEA and two more are in process for Kathy Waychoff of College Community Schools.

If you can dream it, we can do it.

Data Base Committee Report- Jim Klein

The database was updated based on the obituaries provided by Wilma Shadle at the last February meeting. It was also updated based on the returned news letters from the last mailing. So far only a few have come back – only about 10 so far. Usually there are around 30 or so.

Rockwell Collins used an outside vendor for the mailing of the newsletter. As a result of the type of postage used, it now costs 50 cents per returned newsletter (before we were not charged for the returned newsletters). After discussions with Rockwell Collins the return address will be changed to a Rockwell Collins mailing address (rather than the RCRV address) so they can pay the return postage. The returned newsletters will then be sent to the RCRV office.

Recruiting/Retention - Barbara Hoffman

As of 3/16/2010, 122 RCRV volunteers had reported 3,341 volunteer hours. Letters will be continued to be sent to recent RCRV retirees.

4. Communications- Chuck Wehage

The Volunteer has been mailed.

ANNOUNCEMENTS

There were no announcements

ADJOURNMENT

Jim Green adjourned the meeting at 3:00 p.m.

The next Board meeting will be held April 21 at 1:30 at the Red Cross Building

Submitted by Barbara Hoffman, Secretary

Note: These minutes are subject to amendment and approval at the next board meeting.