

# RCRV Board of Directors Meeting

February 17, 2010

These minutes were approved at the March 17, 2010 board meeting.

1:30 Red Cross Building

## PRESENT

RCRV members: Bill Ellis, John McDonough, Cliff Koop, Arlo Meyer, Vern Jackson, Jim Klein, Jim Spencer, Jim Green, Chuck Wehage, Bob Ocken, Don Grimm, Mike Wilson

Community Service Agency members: Wayne Clayton, Carol Luth, Linda Dearing, Karla Terry, Mary Beth Minges, Teresa Robinson, Barb Klaweiter, Kathy Waychoff, Angie Ehle, Barbara Hoffman

## CALL TO ORDER

Board Chairman, Jim Green, determined that a quorum was present and called the meeting to order at 1:30 pm. 22 members were present.

## PROGRAM

Carol Luth, RCRV board member and Director of Cedar Rapids Vision in Motion, told of her recent trip to Kenya as part of Spanda Inc.'s *Eye Care Kenya International Program*. This program is dedicated to providing eye/healthcare serving in a sustainable and replicable manner. The team traveled to the Eldoret area in Kenya to their first outreach site, the village of Kipkaren, (pop. 32,000) and then to their second outreach site in the Marsabit area.

Objectives for the trip were:

1. To continue and expand eye care services- A lens meter was introduced so glasses can now be manufactured on site by a trained village man who now sees 15 patients a day.
2. To introduce an ultrasound machine- for better maternal and infant care
3. To continue dental services- 140 patients were seen
4. To introduce a water purification system- trained villagers to use chlorinators
5. To introduce *Plumpy Nut*, a life-saving food, that is peanut based mixed with powdered milk and enriched with vitamins and minerals.
6. Spanda Inc. partnered with Rotary International and a well will be built in the village
7. At the medical clinic, there is a room called the "Living Room" This provides end of life services especially to AIDS and cancer patients.

A fundraising effort is selling a "Dudza" doll to be given to a local Kenyan child. These dolls are \$35.00 and a RSVP volunteer has knitted 300 of them for Spanda Inc.

More information can be found on their website [www.spandainc.com](http://www.spandainc.com)

## MINUTES

John McDonough moved to accept the October 21, 2009 RCRV board minutes as posted on the RCRV website. Don Grimm seconded. Motion: carried

## OLD BUSINESS

Barbara Hoffman reported on the RCRV Community Impact for 2009. 208 RCRV volunteers donated 50,938 hours of service in 2009. This report is attached.

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## NEW BUSINESS

Strategic Planning for 2010

What does the board want for this year? Discussion points:

### **Goals**

- Have a challenge: Encourage each member to bring in a new retiree.
- Bring new members to a work project session. Make them feel part of a group.
- More members leads to more help with requested projects.

### **Recruitment**

- Attract new members through an updated website( use more pictures) and use more eye catching pictures in the newsletter
- Reconnect with retirees after a year or two of retirement. They might be more interested in volunteering then.

### **Services**

- Requests seems to be dwindling for RCRV help
- Are we as energized as we should be?

## PARTNER AGENCY REPORTS

### **1. Linda Dearing- Heritage Agency on Aging**

You can now electronically subscribe to the Involvement Magazine Online! Interested parties will receive e-mail notifications alerting them to the latest news updates on the Involvement Online. To be placed on the subscription list, please include your name, organization or affiliation (when applicable), telephone number, and the e-mail address in which you would like notifications to be sent. More than one e-mail can be listed for those that desire it. E-mail the requested information to [kelli.sanders@kirkwood.edu](mailto:kelli.sanders@kirkwood.edu) with the subject line "Subscription to Involvement".

- Elder Abuse Conference- April 30 at KTOS in Marion
  - 8:15-4:30
  - TRIAD is one of the sponsors
- Hunger Among the Elderly-a Nutrition Forum May 21- Location TBA
- Important to be part of the 2010 census but don't be taken in by scammers- never give your social security number.

### **2. Carol Luth- Vision in Motion, Spanda, Inc.**

Report was given by Pat Buckley, newly hired fundraiser.

A TALENT-FEST will be held August 8<sup>th</sup> to raise money for Spanda Inc.'s global and local projects. All those with a talent from the age of 12-92 can audition. Semi-finals and then the finals will be held on August 8<sup>th</sup>. More details will follow.

### **3. Wayne Clayton- Options of Linn County**

RCRV has helped us install a touch screen for a cash register simulation project. RCRV is also repairing a sensory light.

### **4. Karla Terry- Linn-Mar School District Children's Theatre Performance at Linn-Mar**

The Linn-Mar High School Drama department and Children's Theatre of Cedar Rapids will present "Sleeping Beauty" on March 4, 5 and 6 at the Linn-Mar High School auditorium. The play

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These minutes were approved at the March 17, 2010 board meeting. will be offered at 4:30 and 7 p.m. on Thursday and Friday, and at 2 and 4:30 p.m. on Saturday. Tickets are \$3 and are available at the door. Join us in welcoming Children's Theatre to Linn-Mar High School.

**Community Performance of "Fiddler on the Roof" Offered at Linn-Mar** - A community performance of the spring musical will be presented on Wednesday, April 28<sup>th</sup> at 4 p.m. Community performances are free to those 50 years and older. Door open 10 minutes before the performance. Please contact the Community Services office at 447-3110 if you plan on attending.

If you have any questions pertaining to events or volunteer opportunities contact Karla Terry, [kterry@linnmar.k12.ia.us](mailto:kterry@linnmar.k12.ia.us)

## Linn-Mar Robotics

Here is a description of the types of mentoring help we could use:

### Non-engineering / non-technical help

- We can use help from anybody who is responsible and has some time to dedicate!
- A volunteer with a pickup truck who would be willing to transport the robot around town a few times a year
- People to help organize students with small projects within robotics, such as getting a team poster organized, helping to plan a spring banquet, helping students contribute to travel logistics and planning
- Help organizing scouting efforts

### Business / Project Management / Fundraising

- Help students organize fundraising – in particular, I would love to have somebody help out with an effort to start us up with a program that involves doing energy audits to raise funds – we have the materials that explain how to do it, so it just needs some TLC and work to get the program off the ground (I will also be involved).
- Help students craft and refine an official business plan for Robotics
- Help students prepare to present the business plan to local businesses to propose sponsorship partnerships

### Creative Help

- Help with making videos, helping students film videos, helping students get a script together for videos
- Help with website layout + design

### Computer Help

- We program the robots in LabView (our current software mentors do not specialize in LabView but are still very helpful)
- We program the website in php (our current mentor helps with that but probably wouldn't mind an extra hand or a backup)
- We use Autodesk Inventor to create a 3D model of the robot – somebody with ANY 3D modeling experience could be a huge help to us here, since we do not have a dedicated mentor for 3D modeling.
- We use Autodesk 3Ds Max to create 3D animations. Somebody with ANY 3D animation experience could be a huge help in this area! Our mentor is very good but is time limited. (this also relates to the creative video production area)

### Robot Design / Build

- We can use people who are reasonably handy with tools and projects at home

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- Help students think of ideas for accomplishing the game's goals
- Help students think of ways of connecting part A to part B
- Help students figure out what part they would need to order to build a certain robot system
- Help students wire the robot's control systems

## Travel

- We go on two trips a year (in the past we have gone to St. Louis and Atlanta) in March and April.
- It is GREAT when mentors can go along on the trips to help us out with the competitions and help keep an eye on students. They go from approximately Wednesday to Saturday night or Sunday morning.

Dan Niemitalo  
Linn-Mar High School  
Science Teacher  
Robotics Mentor  
319-730-1627 (school)  
319-400-2730 (cell)  
[dniemitalo@linnmar.k12.ia](mailto:dniemitalo@linnmar.k12.ia).

## **US FIRST Robotics at Linn-Mar High School**

Linn-Mar Robotics has competed for the past 8 seasons, and this has only been possible with the generous support of Rockwell Collins and volunteer hours from many Rockwell Collins mentors.

### **What do we do?**

- Interest students in science, mathematics, and technology by giving them hands-on experiences using them.
- Build students' character and résumés by teaching them real skills
- Design and build robots for competitions in March and April. Each year, the rules for a new robot game are released in January, and we have only six weeks to design and build the robot. At competitions, we are randomly assigned two alliance partners in each round and compete in several 3 vs 3 matches.
- We design and maintain a website to explain FIRST Robotics and tell about our team.
- We create a 3D model of the year's robot.
- We create 3D animations to help promote and explain FIRST Robotics.
- Compete for a variety of awards, including awards related to all of the above.

From the US FIRST Website:

**Vision** *"To transform our culture by creating a world where science and technology are celebrated and where young people dream of becoming science and technology heroes."* Dean Kamen, Founder

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## 5. Angie Ehle- WRAP

### 2009 WRAP Ramp Builds:

#### 35 Completed jobs by seven designers:

- 27 Permanent Builds
- 2 Temporary Ramp Installations
- 3 Ramp Repairs
- 2 Railing & Other Repairs
- 1 Ramp Removal for materials reuse

Average designer hours per build: 8.04 hours

Average total hours per build: 45.4 hours

Average start-to-finish time: 31.4 days with no funding delay

47.0 days including funding delays

**Total length of ramp built in 2009: 856.5 ft** (285.5 yds or .16 miles)

This measure is roughly equivalent to the Statue of Liberty (plus her base and pedestal) perched atop the Washington Monument!

#### Client data:

Gender: 16 Male, 19 Female

Average age: 66 years old

Oldest client: 91 years old

Youngest clients: 4 years old

\* Of this year's builds, five clients are now deceased.

#### Referral Information:

12 referrals from ASI

6 referrals from RCRV/ RSVP/ Rockwell

Others from HACAP, St Luke's Hospital, Mercy Hospital, Manor Care, Iowa Compass Website, our WRAP brochure, Menards, and word of mouth.

#### Funding:

19 builds were private paid (9 coordinated through ASI)

10 builds were ASI funded

Other funding sources include: Easter Seals, Kiwanis, use of WRAP warehouse materials, or materials acquired by client.

### Customer Satisfaction Survey results:

Q1: The response I received from WRAP was positive = 4.89 / 5.00

Q2: I was treated professionally and with integrity = 4.98 / 5.00

Q3: This ramp was build in a timely manner related to my needs = 4.89 / 5.00

Q4: I feel safe on the ramp = 4.85 / 5.00

Q5: Is there anything that impedes your use of the ramp = overall No

Q6: The Ramp has increased my quality of life = 4.06 / 5.00

Q7: I would recommend others to WRAP for their home access needs = 5.00 / 5.00

Q8: Do you know anyone who needs a ramp? overall No

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Q9: Do you have any recommendations for the WRAP program, process, or the volunteers?

- Keep up the great work
- They were all great people
- Don't change, you are awesome
- They seemed to know what they were doing
- So wonderful
- Volunteers were good, friendly
- Enjoyed watching them build the ramp
- Quick turnaround, people are good
- Clients should be required to provide lunch for workers ☺

Q10: what would you do differently in this process if you had to do it over again?

- Nothing, can't think of anything
- Would have done it sooner if known about WRAP

Q11: Was the expense of this ramp cost effective or your needs? Yes

- Wonderful deal, saves lots of money, BIG thank you!

Other Comments:

- They were punctual, professional and courteous.
- I am overwhelmed that they did this for me.
- Cannot say enough nice things, do not know what we would have done otherwise.
- Fantastic job in a one-day build
- Strong and quick
- That guy was awesome! (twice in this particular interview)
- Very pleased that designer listened to my needs, built ramp to alleviate fear of steps
- Can go up and down without being nervous
- I would be stuck in the house otherwise
- Builder listened to my needs, explained the design, didn't talk over my head
- Appreciate the help with coordination of project in this point in life

## **2009 WRAP Presentations:**

1. August 4, 2009 - Muscular Dystrophy Association
2. August 13, 2009 - Developmental Disabilities Services Coalition
3. October 9, 2009 - Linn County Civitan Club
4. November 3, 2009 - Marion Women's Club

## **6. Kathy Waychoff- College Community School District**

Invent Iowa inventions on display at Westdale on February 18<sup>th</sup>.

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## 7. Mary Beth Minges- Four Oaks Bridge

- Four Oaks Lego League consisting of 5 boys and 2 girls went to the state championships
- Creative Writing program started in November
- African history- oral history project also started in November
- Working on the submission of the Giocoletta grant for Science Technology

## 8. Teresa Robinson- Aging Services

Aging Services Transportation program continues to be very busy.

## 9. Barb Klawiter- REACT

- 25,000 computers have been donated in the last 10 years
- Collecting cell phones for Heritage
- Kay Nelson was featured in *Engineering Week*

## 10. Barbara Hoffman- RSVP

RSVP 2009 Volunteer Impact statement was given to board members. The summary is as follows:

- 504 active volunteers donated 89,656 hours
- Monetary impact (with 1 volunteer hour equal to \$19.25)- \$1,725,878
- Impact based- measurable volunteer assignments- 336 volunteers 32,800 hours
- Non-impact based- not measurable- 251 volunteers 25,600 hours
- RCRV volunteers with a non RSVP partner agency- 130 volunteers 30,300 hours

Change in sponsorship

- St. Luke's has relinquished sponsorship of RSVP though will continue to support until a new sponsor is announced.
- Process of attaining a new sponsor through the Corporation of National and Community Service, RSVP's federal funder
  - A list of possible sponsors sent to the state CNCS office
  - A Notification of Funding Availability letter sent to these potential sponsors with a meeting date for applicants to find out about process and answer questions
  - Six to eight weeks later- application deadline
  - Applications reviewed, letters written and applicants notified
  - Timetable 6 to 9 months

## ROCKWELL COLLINS REPORT- CINDY DIETZ

Cindy was not able to attend the meeting but Jim Green officially requested the following:

1. To meet with Clay Jones to discuss the impact of RCRV
2. FY 2011 to increase the amount given in grants through RCRV- presently it is \$10,000, minimal increase to \$15,000.

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## RCRV COMMITTEE CHAIR REPORTS

Due to time constraint these reports were not given orally, however the submitted reports are included in the minutes.

### **Community Projects- John McDonough**

1. RCRV volunteered 50,938 hours in 2009 worth approx \$980K to the community. This was done with 209 volunteers.
2. College Community is looking for math mentors. See Kathy Wachoff if you would like to help
3. John Wauer has brought 4 displays back to life after being destroyed or damaged during the 2008 flood. This effort was for the Science Station.
4. John Carbaugh was Santa Clause to about 350 kids over the Christmas Season.
5. Ron Herr of Habitat for Humanity visited with us asking for volunteer help to be Team Leaders on construction teams, hospitality teams, and safety teams. If you have an interest, see Ron @ 366-4485.
6. Ann Griffin, GWAEA, had 3 requests for us. She needs more plastic tubing that Chuck Wehage got for her about a year ago. Chuck has taken care of this task. Jack Murphy will be building two more large ball launchers. She also needs a means of changing pedals on 3 recumbent exercise bicycles to hand large feet.
7. We have about 10 ramp designs and builds in queue which we will take care of when the weather gets better.
8. John Carbaugh also made 50 more PVC telephones for Wright Elementary students. The phones have about a 5 inch piece of tubing with elbows on both ends.
9. We continue to support efforts at the REACT Center, 4 Oaks Bridge programs, SHIIP activities, mentoring at various schools, computer classes at Meth-Wick, EIOLC activities, LCTA efforts, Options of Linn County as well as with St Luke's Volunteer Office. We also support TRIAD efforts.

If you can dream it, we can do it.

### **2. Data Base Committee Report- Jim Klein**

1. The database was updated for:
  - a. Address changes from returned newsletters
  - b. The new Rockwell Collins retirees from the months of September – December 2010.
  - c. The obits from Wilma Shadle.
  - d. Miscellaneous addresses from voice mail and email.



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2. The September – December new retiree list was provided to RSVP to send out RCRV/RSVP information.

The Mailing list was provided to Rockwell Collins for the February newsletter.

### **3. Recruiting/Retention - Barbara Hoffman**

An updated form is now active to report your volunteer hours to RSVP.

### **4. Communications- Chuck Wehage**

The newsletter is online now and is printed. Waiting for the envelopes to be typed and then **The Volunteer** will be stuffed and mailed.

### ANNOUNCEMENTS

There were no announcements

### ADJOURNMENT

Jim Green adjourned the meeting at 3:15 p.m.

The next Board meeting will be held March 17 at 1:30 at the Red Cross Building

Submitted by Barbara Hoffman, Secretary

Note: These minutes are subject to amendment and approval at the next board meeting.

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## Appendix I: RCRV 2009 COMMUNITY IMPACT

**208 ACTIVE VOLUNTEERS**

**50,938 HOURS**

**\$980,556**

(Value of 1 volunteer hour is \$19.25)

### The First 10 years

Year	Hours	Active Volunteers
2000	10,000	82
2001	8,000	98
2002	10,000	97
2003	17,500	113
2004	12,250	123
2005	20,500	133
2006	28,000	164
2007	32,000	166
2008	38,000	194
2009	50,900	208
<b>Total</b>	<b>227,150</b>	

### 2009 RCRV Vounteers

Administrative & Leadership 2,325 hours or 5% of the total

- ✓ RCRV members serve on 19 different board of directors and active in 12 other Community project meetings

Construction and Design 2,468 hours or 5% of the total

- ✓ The major design project has been the Sinclair temporary stage extension
- ✓ Construction projects were for 7 different organizations including the 65 astronaut boards for Witwer Children's Therapy Center.

Education 5,677 hours or 12 % of the total

- ✓ RCRV members tutor at 13 different schools, 2 adult literacy programs, after school program at Four Oaks Bridge
- ✓ Involved in designing educational projects at the Children's Museum in Iowa City and reading telephones for Wright school
- ✓ Actively involved in educational programs, tours and classroom visits at Eastern Iowa Observatory Learning Center
- ✓ For the Rockwell K-12 program involved in Lego League, Robotics, First Tech Challenge, Kindergarten Science, Future Cities competition
- ✓ Also help at libraries, scout programs and judging for various competitions

Elderly Services 8,087 hours or 17 % total

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- ✓ Transportation, SHIIP, TRIAD, tax assistance, home safety, computer classes, meals on wheels are some of the services provided for seniors including the installation of 65 TV conversion boxes.
- ✓ RCRV members volunteer at Aging Services, Heritage, MethWick and are part of the companionship outreach program visiting residents in nursing homes in the community.

Assistive Technology & Maintenance Support 400 hours or 1% of the total

- ✓ These are projects such as the bumper cars and big ball launchers for Grant Wood AEA
- ✓ And a cash register simulation project, manual rivet dispenser, envelope stuffer for Options of Linn County

Disaster Recovery- new category in 2008 3,350 hours- 7 % of the total

- ✓ Block by Block Recovery program, Salvation Army, Red Cross, flood recovery through Catholic charities, IBEW retired electricians, O.F. Electric Working and Wiring
- ✓ Includes recovery from churches, to businesses to individual homes from plumbing, to wiring, to painting, and installing woodwork, doors, windows, kitchen cabinets

Largest category is Miscellaneous – includes 7 categories 25,648 hours or 53% of total

- ✓ Church 1,687 hours or 6.5 % of Miscellaneous
  - Church councils, Interreligious councils
  - Fundraising, ground maintenance, technical support, visits to senior care facilities
- ✓ Cultural 2,450 hours or 9.5 % of Miscellaneous
  - RCRV members volunteer at 16 different cultural locations- museums, art galleries, historical societies and buildings and concert associations.
  - Docents, tour guides, ushers, clerical and technical support, fundraising
- ✓ Health Related 4,704 hours or 18.5 % of Miscellaneous
  - Volunteer at St. Luke's, Mercy, and University of Iowa hospitals and Community Health Free Clinic and 10 other health related organizations
  - Transport, work at flu clinics, provide clerical and technical support, knit, sew, fundraise, involved in marathons and do pet therapy
- ✓ Non-profits- primarily RCRV volunteers- 7,362 hours or 28.5% of Miscellaneous
  - REACT & WRAP- computers and ramps
- ✓ Other Non-profits- 7,108 hours or 28% of Miscellaneous

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- RCRV members volunteer for 35 different non-profit organizations- food banks, court medication, Salvation Army, Red Cross, SCORE, Ecumenical Community Center and others
- Some serve primarily children, others the less-fortunate, elderly, or women, entrepreneurs, some are crises related, emergency management, animal welfare, serve justice
- ✓ Service organizations 1,200 hours or 4.5 % of Miscellaneous
  - Volunteer with six different service organizations in a variety of capacities
- ✓ Other 1,137 hours or 4.5 %