

Minutes of the RCRV Board of Directors Meeting 01/17/2007

Introductions

Board Chairman Jim Green determined that a quorum was present and called the meeting to order at 1:34 pm.

Opening Remarks & Welcome to new members & visitors

Board members and guests introduced themselves by name and organizational affiliation. Twenty-seven members and guests signed the attendance roll.

Presentation: Four Oaks – Jim Shipman

Origins of Four Oaks: Four Oaks had its origins in a 1973 vision: Boy's Acres, a Group Home for 8 to 10 boys. The purpose was simply to raise certain disadvantaged boys in a supportive environment to improve their prospects for happy, productive lives. In 1980, the current director, Jim Ernst, assumed leadership of the organization. The goal of the Four Oaks organization is to intervene with at-risk children in their homes, to support the families, identify risks, and help families succeed. The current annual budget is approximately \$23million. Strong emphasis is placed on prevention rather than intervention and correction.

Bridge: A social program based on an entirely new idea, an intergenerational model, linking or bridging five living generations to establish communications and a sense of community. It is organized around a community support center, the former St. Marks Lutheran Church building on First Avenue NE at 21st Street. Three critical aspects of the intergenerational approach:

1. Good relationship with supporting adults. Try to neutralize the disadvantages that sometimes come from nontraditional homes, poor opportunities.
2. Help develop expectations for success. Achieved by establishing relationships with successful people and clubs in which to learn of and pursue interesting goals.
3. Creation of opportunities for success.

Why intergenerational? Creates a win-win relationship where both young and old can get to know each other and can learn from each other. How is this structured and led? An Advisory Board of volunteers is constituted to plan and structure and advise the daily programs at the Bridge.

Today about 80 children regularly meet at the Bridge, sharing experiences in settings like a mock trial, dialogs, and old time radio dramatizations.

The Bridge receives no government funding, depending completely upon donated money. Prevention is proving to provide the best return on money invested in programs for deprived children

Advisory Board every third Saturday at bridge: visitors and volunteers are welcome.

Questions:

Did Bridge exist before the building on First Avenue? No. Successful operation of the Bridge has lead to additional opportunities, such as Four Oaks involvement with MAHP.

Does the Bridge employ a psychologist and do counseling? Not specifically. Kids involved are not disordered kids, but benefit from good role models. Referral could be made if circumstances indicate.

Presentation: Linn County Local Option Sales Tax Vote 2/13/07

Chairman Green, as a member of the Linn-Mar School District, outlined the school board position on pending sales tax vote. Jim emphasized that this presentation was not intended to influence votes, but to provide information for RCRV members.

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Approval of Board of Directors Minutes

Minutes for the last Board of Directors meeting in October 2006 were approved at the Annual Meeting in November. Minutes from that Annual Meeting are posted on the website and will be approved at the next Annual Meeting.

Committee Chair Reports

Community Projects, John McDonough:

Holly Becker, Wright School Principal, requested that we build 10 pieces of a book display module. Arlo Meyer designed and built several copies of the module.

Gary Walker of the Department of Human Services requested our help in the repair of a deck/ramp for one of his clients. The ramp did not need repair, but the deck need to have more support added and a few boards replaced. The project was completed by Tom Brennom and three other RCRV members.

Dick Kittrell joined the RSVP Jones County Advisory Council.

Keith Sutherland is now an American Red Cross volunteer and has been assigned to a local disaster team. He recently completed his training.

Pete Jurgens is now a Witwer Center Board Member.

Several other RCRV folks are board members of other local boards.

The Festival of Trees was completed. This was a large effort for RCRV. Mike Wilson and Pete Jurgens led the efforts of about 20 RCRV members in this activity, and it went off well.

Lots of SHIIP activities went on with the six RCRV SHIIP folks. We signed many local people up for a Part D Prescription plan of their choice. Open enrollment was to have been from Nov 15 through Dec 31, but, several drug companies did not get their letter defining the plan changes out in time so we have another 6 weeks for these companies 2006 clients.

RCRV painted the new RSVP office space and helped move the furniture from the fourth floor to the first floor of the Resource Center.

Kathy Waychoff of College Community Schools had a request for several judges that she needed to support several invention type programs.

She also needs to have 14 'Trebuchet's (catapults) designed and manufactured for their high school students.

Jack Murphy indicated that he would take a look at this project.

If you can dream it, we can do it.

Communications, Rod Thorpe:

The newsletter for the last quarter of 2006 is on the web site and in the mail.

Data Base Committee, Jim Klein:

The database was updated for the returned Newsletters that were mailed out in October. It was also updated for the new retirees' list from Rockwell Collins covering the retirements from November and December. Mailing labels were generated for the January 2007 issue of the newsletter.

Recruiting and Retention, Pete Jurgens:

The total of volunteer hours reported by RCRV for this year has not yet been tallied. It is near certain that they will comfortably exceed the 24,000-hour goal set at the beginning of 2006. The 2006 membership goal of 180 has been exceeded. Pete believes that 60 more members can be added next year. It was decided to wait until firm records of 2006 results are available to formally adopt 2007 goals.

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Partner Agency Reports

RSVP, Angela Berns:

Angela is writing a 2006 annual report for grant applications, in which RCRV highlighted as a major contributor to volunteer programs.

Thanks for the effort of RCRV members who helped RSVP with the recent office move.

Four Oaks Bridge, Carol Kalous

See the outline of the special presentation by Four Oaks earlier in these minutes.

United Way, Mary Klinger

No report.

Sixth Judicial District, Heidi Soethout:

No report.

Heritage Agency on Aging, Linda Dearing:

Activities to support enrolment in Medicare part D have been very heavy.

Heritage AAA is sponsoring a Low Income Subsidy enrollment event for members of faith communities on February 9 from 9-12 at the Kirkwood Training and Outreach Services Center, 3375 Armar Drive, Marion. There will also be health screenings and door prizes.

Heritage is recruiting volunteers for the SMP program. Volunteers will help educate beneficiaries about Medicare fraud, waste, and abuse, and about identity theft in all the counties served by Heritage. This program was formerly known as ORT, Operation Restore Trust.

Training is scheduled to begin at 1:30 at the Kirkwood Training and Outreach Services Center, 3375 Armar Drive, Marion on February 14, 2007. Refreshments will be served. Registration for the training is requested. To register or to obtain further information contact Heritage at 319-398-5559 or 1-800-332-5934. If conflicts prevent attending this training session, alternate training sessions can be arranged.

The Heritage Agency and Healthy Linn Care Network will conduct Chronic Disease Self Management classes. These classes instruct seniors 60+ on managing their health, while living with a chronic disease. The four diseases we are focusing on include heart disease, lung disease, stroke, and arthritis. Each participant receives a copy of the book, *Living a Healthy Life With Chronic Conditions*, and an audio relaxation tape. There will be a fee of \$10 to cover costs of materials. Classes will be held on Mondays, from January 29 to March 5, from 10:00 a.m. to 12:30 p.m. at KTOS.

Linda noted that RCRV volunteer Tom Brennom has done a number of the presentations on the subject of identity theft prevention.

Hospice of Mercy, Sara Case:

No report.

Heart of Iowa, Myrna Loehrlein:

Since our last meeting, HOI has had its childcare license renewed. The renewal visits went very well. Our consultant's main concerns were with a missing TB test report and with the philodendron plants on top of the bookshelves in my office. This is a noticeable improvement compared to the earlier renewal visit, when our program did not qualify for a full license.

We are working toward a QRS level 2 rating. This involves attention to numerous details pertaining to safety issues a person might never think about. We are learning a lot.

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We continue to be full. We have sixteen babies registered in a room that can accommodate 11 right now. We have 11 toddlers registered for eight spaces, and the other rooms are full. We anticipate a reduction of numbers as several of our families move into a new transitional housing unit near Four Oaks. ASAC has been instrumental in getting this new housing project started. We hope it will help make moms transition from financial and counseling support to a fully independent, healthy lifestyle.

Aging Services, Inc., Carol Luth:

Gale Pierce, one of our Vision Enhancement Volunteers, is a recipient of one of the Nine Who Care Volunteers. (This is a volunteer award from KCRG TV and several Show You Care sponsors.) Gale has been a volunteer with Aging Services, Inc. for over 4 years. He serves as a counselor, mentor, and friend to clients experiencing low vision. Gale will be honored at the Nine Who Care Banquet at the Cedar Rapids Country Club on January 27, 2007. Aging Services is extremely blessed with volunteers, such as Gale and all of the wonderful volunteers from the Rockwell Retiree Volunteer Program!

Chuck Wehage noted that the recent Cedar Rapids Fire Department initiative to install smoke detectors for low income families has been completed, and that there likely are detector units left over. He suggested that home safety inspection volunteers could install these where needed, and that the CRFD may be willing to donate needed detectors to Aging Services for that purpose.

Red Cross, Joan Schaffer:

The new American Red Cross Health, Safety, & Preparedness Training Calendars for 2007 are available now in hard copy on our web site.

More training opportunities are scheduled in 2007 in Cedar Rapids. Disaster courses will be offered in February. The Grant Wood Area Chapter is making learning and receiving certification in the lifesaving skills of CPR, first aid and AED even easier with its new Blended Learning option. Participants can now learn and test skills online and then complete an instructor-led skills practice and assessment at a Red Cross location.

Blood supplies are always down this time of year, and the chapter has added Saturday to its schedule for blood donations.

Red Cross volunteer Peter Teahen has been selected as a Nine Who Care Jefferson Award recipient.

Options of Linn County, Wayne Clayton:

Our recent activity has centered around having RCRV repair a number of power sources used to enable consumers to switch-activate electrical devices.

St Lukes Rehab, Denise Walker

No report.

Rockwell Collins Report, Jenny Becker

Cindy Dietz and Jenny Becker went to New Hampshire for a Lego League conference. They talked to a number of people about the RCRV organization and generated a lot of interest.

Future Cities will be held at Prairie Middle School next week.

Engineers week will be February 18—24. Local activities are planned at the Iowa City Children's Museum, at the Bridge, and at Jane Boyd on Friday, February 23. The Society of Women Engineers is planning an Engineer Ball that week at the Sheraton in Iowa City. Cost will be \$20.

Join the Rockwell Collins 'Walk to Cure Diabetes' Team! Rockwell Collins is forming a team to participate in the *Walk to Cure Diabetes*, which will take place at 10 a.m., Saturday, Feb. 24, at

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Westdale Mall. The mission of JDRF is to find a cure for diabetes and its complications through the support of research.

If you are interested in joining the Rockwell Collins team or if you would like more information, there will be a Team Kick-off meeting from 11:30 a.m.-12:30 p.m., January 26 in the 124-124 ATS South Conference Room (North of the 124 Atrium). Those who attend kick-off event will be eligible for a raffle that will be conducted during the meeting. For more information about the Juvenile Diabetes Research Foundation (JDRF), please contact Jeff Standerski at ext. 5-7027 or jastande@rockwellcollins.com, or Dave Rafson at ext. 5-5998 or darafson@rockwellcollins.com. To register online for the Rockwell Collins Walk Team, click here: www.jdrfia.org. Registration forms area also available in the Company Store.

Old Business

Corrections to the minutes of the annual meeting were submitted by Heidi Soethout, as follows:

A couple items I noticed:

- 1. Date change . . . minutes are for 2006 meeting (versus 2005 as appears on the title of each page)*
- 2. Page 3, second bullet, I believe it is Mid American Housing Partnership (MAHP)*

Small typos. . .

- 1. Page 1 under "Opening Remarks" - "RCRV ask for help from Collins (i)n addressing . . . " - missing the "i"*
- 2. Page 2 first sentence, a comma after the 3 versus a period.*
- 3. Page 2 under third bullet, second paragraph starts with "so far" . . . Third sentence . . . one hu(n)dred . . . -missing "n"*

Change of Registered agent

Don Grimm moved to make these changes to the posted annual meeting minutes on the web site, but noted that approval of those minutes is deferred until the next annual meeting. Keith Sutherland seconded the motion, which was approved by voice vote.

New Business

Goals/commitments for 2007

Deferred until previous year's performance has been evaluated.

Pending presentation to Rockwell Collins management

The date will be March 13th, 2007

ICVS

Jack Hotchkiss noted March 8 Iowa Commission of Volunteer Services meeting in Des Moines. RCRV will arrange to participate again this year.

Next Board Meeting

The next Board meeting is February 21 at the Red Cross building.

Adjournment

Meeting adjourned at 3:09 pm.

Submitted by Don Grimm, Secretary.